

## 3 Egg Omelettes

SERVED WITH FRENCH FRIES,  
COLESLAW & TOAST

|   |       |
|---|-------|
| Corned Beef or Pastrami.....              | 14.99 |
| Franks & Eggs .....                       | 13.99 |
| Lox, Eggs & Onions .....                  | 15.99 |
| Salami or Bologna .....                   | 13.99 |
| Mixed Deli .....                          | 14.99 |
| <i>Corned Beef, Pastrami &amp; Salami</i> |       |
| Mushroom & Onions.....                    | 12.99 |
| Israeli Western.....                      | 14.99 |
| <i>Corned Beef, Peppers &amp; Onions</i>  |       |

## Hot Open Sandwiches

SERVED OVER RYE BREAD  
CHOICE OF BAKED POTATO,  
MASHED OR FRENCH FRIES

|                                    |       |
|------------------------------------|-------|
| Hot Open Roast Beef.....           | 19.99 |
| Hot Open Brisket.....              | 19.99 |
| Hot Open Turkey.....               | 19.99 |
| Hot Open<br>Tongue Polonaise ..... | 24.99 |

PLEASE SPECIFY BEEF OR  
POULTRY GRAVY AND IF  
ON THE SIDE

## Grilled Specialty Wraps

|  |       |
|--|-------|
| Deli Wrap.....   | 14.99 |
| <i>Choice of Meat Wrapped with Lettuce &amp; Tomato or Russian Dressing &amp; Coleslaw (Add 1.50 for Tongue)</i> |       |

|  |       |
|--|-------|
| Mixed Grilled<br>Veggie Wrap .....                             | 12.99 |
| <i>Roasted Red Peppers, Green Zucchini &amp; Yellow Squash</i> |       |

|   |       |
|---|-------|
| Salad Wrap.....   | 12.99 |
| <i>Tuna, Chicken Salad or Egg Salad Wrapped with Lettuce &amp; Tomato</i> |       |

|   |       |
|---|-------|
| Mixed Grilled Veggie<br>Wrap with Chicken ..... | 13.99 |
| <i>All White Meat Grilled Chicken</i>           |       |

## Grilled Burgers & Chicken

ON A FRESH KAISER ROLL BAKED DAILY

|   |       |
|---|-------|
| 1/2 Lb. Beef Burger .....   | 15.99 |
| Pastrami Burger .....   | 17.50 |
| Salami Burger .....   | 16.50 |
| Burger w/Sauteed Onions .....   | 15.99 |
| BBQ Burger .....  | 15.99 |
| <i>Covered in Mushrooms &amp; Sauteed Onions</i>                          |       |
| Grilled Chicken .....   | 14.99 |
| <i>Covered in Choice of Sauce: Sesame, BBQ, Honey Mustard or Teriyaki</i> |       |
| Fried Chicken Cutlet .....  | 14.99 |
| Ground Turkey Burger.....   | 15.99 |
| Buffalo Chicken Sandwich .....  | 15.99 |

SERVED WITH LETTUCE, TOMATO &  
OUR HOMEMADE FRENCH FRIES

## Beverages

|                                    |      |
|------------------------------------|------|
| Seltzer .....                      | 1.50 |
| Poland Spring Water .....          | 1.50 |
| Assorted Snapple .....             | 2.75 |
| Dr. Browns Assorted Sodas.....     | 2.50 |
| <i>Cream, Black Cherry, Celery</i> |      |
| Can of Soda.....                   | 2.00 |
| Stewarts.....                      | 2.75 |



## Desserts

|                               |      |
|-------------------------------|------|
| Black & White Cookie .....    | 3.75 |
| Chocolate Chip Cookie .....   | 3.75 |
| Linzer Tart .....             | 3.75 |
| Chocolate Linzer Tart.....    | 3.75 |
| Baked Apple Strudel.....      | 4.99 |
| Chocolate Apple Strudel ..... | 4.99 |
| Joyva Halavah Bars .....      | 2.99 |

## Lunch Specials

AVAILABLE 11 AM TO 3 PM  
EXCLUDES HOLIDAYS

|   |       |
|---|-------|
| Mushroom & Onions Omelette.....   | 11.99 |
| <i>Made with Fresh Mushrooms &amp; White Spanish Onions</i>                 |       |
| Fried Chicken Nuggets .....   | 12.99 |
| <i>6 All White Nuggets</i>  |       |
| Salami or Bologna Omelette .....  | 11.99 |
| <i>Hebrew National</i>  |       |
| Fried Chicken Cutlet Sandwich .....   | 13.99 |
| <i>Served on a Kaiser Roll with Lettuce &amp; Tomato</i>                    |       |
| Beef or Chicken Stuffed Cabbage.....  | 14.99 |
| <i>One Large Homemade Cabbage Roll in Our Sweet Polonaise Sauce</i>         |       |
| Lox, Eggs & Onions Omelette .....   | 13.99 |
| <i>Fresh Atlantic Salmon Prepared with Onions (Unless Specified)</i>        |       |
| Jr. Deli Sandwich .....   | 14.99 |
| <i>Served on Rye, White or Wheat Tongue 2.50 Extra</i>                      |       |
| Beef Burger.....  | 14.99 |
| <i>1/2 Lb. Burger Flame Grilled</i>   |       |
| Beef Liver & Onions .....   | 16.99 |
| <i>Braised &amp; Pan Fried, Prepared Well Done with Sauteed Onions</i>      |       |
| Turkey Burger.....  | 14.99 |
| <i>Ground Empire Turkey, Grilled &amp; Served with Lettuce &amp; Tomato</i> |       |
| Hot Open Turkey, Brisket or Roast Beef.....                                 | 14.99 |
| <i>Served Over Rye Bread with Our Homemade Gravy</i>                        |       |

ALL ABOVE SERVED WITH FRENCH FRIES  
OR MASHED POTATOES

|   |       |
|---|-------|
| Small Bowl of Soup & House Salad.....                               | 9.50  |
| <i>Split Pea, Vegetable, Mushroom Barley or Chicken Noodle Soup</i> |       |
| Jr. Sandwich & Cup of Soup .....                                    | 13.99 |
| <i>Add Tongue 2.50 Extra</i>  |       |

## Lunch Special Salad Platters



|                                |       |
|--------------------------------|-------|
| Egg Salad Platter .....        | 11.99 |
| Tuna Salad Platter.....        | 12.99 |
| Chicken Salad Platter .....    | 12.99 |
| Chopped Liver Platter.....     | 13.99 |
| Whitefish Salad Platter.....   | 13.99 |
| Jr. Chef Salad .....           | 15.99 |
| <i>Turkey &amp; Roast Beef</i> |       |

www.fredandmurrysdeli.com

# FRED & MURRY'S Kosher Delicatessen



Established 1960  
Brooklyn N.Y.

# 732.462.3343

4345 Highway 9 Freehold, NJ 07728

Private Banquet Room Available

ORDER TAKE OUT  
ONLINE WITH:





# Homemade Soups

Pint .....6.50 Quart ..... 12.50  
 Chicken Noodle (Broth & Noodles) • Vegetable • Split Pea  
 Mushroom Barley • Beef Cabbage

- Homestyle Chicken Noodle ..... pt. **6.99** ..... qt. **13.99**
- Matzo Ball • Kreplach ..... each **1.95**
- Chicken Or Beef In The Pot ..... **24.99**  
 1/2 Chicken, Kreplach, Matzo Ball, Peas & Carrots in  
 "Our Homemade Chicken Noodle Soup"

# Appetizers



- Hebrew National Hot Dog** ..... **4.99**  
 Grilled & Served on a bun
- Baked Zucchini Cutlet**..... **6.99**  
 Green & Yellow Zucchini
- Two Piece Stuffed Derma** ..... **9.99**
- Stuffed Cabbage**..... **9.99**  
 One Large Beef or Chicken
- Hush Puppy** ..... **6.99**  
 Hebrew National Hot Dog with Potato Knish  
 Filling in an Egg Roll Shell
- Herring & Onions**..... **10.99**  
 In a Pareve Cream Sauce
- Chopped Liver** ..... **9.99**  
 Served Over a Bed of Greens with Crackers or Rye
- Two Large Potato Pancakes**..... **9.99**  
 Served with Apple Sauce
- Six Hand Made Kreplach**..... **11.99**  
 Boiled or Fried
- One Dozen Mini Franks in Jackets** ..... **15.99**



# Dinner Garden Salad Platters

**SERVED OVER LETTUCE,  
 TOMATO, CUCUMBER & CARROTS**

- Small Garden Salad ..... 4.99
- Egg Salad Platter ..... 13.99
- Jr. Chef Salad ..... 15.99  
 Turkey & Roast Beef
- Tuna or Chicken Platter ..... 15.99
- Whitefish Salad or Chopped Liver Platter ..... 16.99
- Grilled Chicken Breast ..... 16.99  
 Crisp Garden Salad Topped with All White Grilled Chicken
- Chef Salad (7 Oz.) ..... 17.99  
 Corned Beef, Turkey & Roast Beef

# Famous Deli Sandwiches

**SERVED W/PICKLES ON FRESH RYE BREAD,  
 KAISER ROLLS OR CLUB ROLL,  
 WHITE OR WHEAT BREAD. MIX ANY TWO**



- |   |              |              |                    |
|---|--------------|--------------|--------------------|
|   | 4 oz. Junior | 7 oz. Reg.   | 10 oz. Overstuffed |
| <b>Corned Beef</b> .....                                    | <b>10.25</b> | <b>16.25</b> | <b>21.99</b>       |
| <i>Pickled on Premises &amp; Then Steamed to Perfection</i> |              |              |                    |
| <b>Pastrami</b> .....                                       | <b>10.25</b> | <b>16.25</b> | <b>21.99</b>       |
| <i>Secret Blend of Smokey Spices &amp; Flavors</i>          |              |              |                    |
| <b>Turkey Breast</b> .....                                  | <b>10.25</b> | <b>16.25</b> | <b>21.99</b>       |
| <i>The Freshest Empire Sliced Turkey Breast</i>             |              |              |                    |
| <b>Roast Beef</b> .....                                     | <b>10.25</b> | <b>16.25</b> | <b>21.99</b>       |
| <i>Roasted on Premises to Medium Rare</i>                   |              |              |                    |
| <b>Brisket</b> .....  | <b>10.25</b> | <b>16.25</b> | <b>21.99</b>       |
| <i>Roasted Fresh on Premises &amp; Served w/Beef Gravy</i>  |              |              |                    |
| <b>Tongue</b> .....   | <b>12.25</b> | <b>18.25</b> | <b>22.99</b>       |
| <i>***Upcharge When Combining on Sandwiches Applies***</i>  |              |              |                    |
| <b>Hard Salami</b> .....                                    | <b>10.25</b> | <b>16.25</b> | <b>21.99</b>       |
| <i>Dried &amp; Aged for Weeks Before Slicing</i>            |              |              |                    |
| <b>Hebrew National Salami or Bologna</b> .....              | <b>9.99</b>  | <b>12.99</b> |                    |
| <b>Tuna Salad</b> .....                                     | <b>9.99</b>  | <b>12.99</b> |                    |
| <i>The Finest Quality Tuna, Always Made on Premises</i>     |              |              |                    |
| <b>Whitefish Salad</b> .....                                | <b>10.50</b> | <b>13.99</b> |                    |
| <i>Creamy Smoked Whitefish &amp; Fancy Mayo</i>             |              |              |                    |
| <b>Chopped Chicken Liver</b> .....                          | <b>10.50</b> | <b>13.99</b> |                    |
| <b>Egg Salad</b> .....                                      | <b>7.99</b>  | <b>10.99</b> |                    |
| <b>Chicken Salad</b> .....                                  | <b>9.99</b>  | <b>12.99</b> |                    |

# Signature Creations



- Dan's Brisket Special** ..... **17.99**  
 Sliced Brisket, Sauteed Onions & Gravy  
 Served on a Toasted Garlic Club Roll
- Fred & Murry's Famous Sloppy Joe**..... **18.99**  
 4 Layer Sandwich of Cb, Past, Tk, Rb with Russian  
 Dressing & Coleslaw
- Sloppy Joe Jr. Choice of Any 2 Meats** ..... **16.99**  
 Add 2.00 for Tongue
- Chicken Pot Pie Baked Fresh Daily** ..... **16.99**
- Corned Beef or Pastrami over a Knish** ..... **18.99**  
 An Open Faced Sandwich over Choice of Knish
- Potato Pancakes Deli Sandwich** ..... **20.99**  
 Choice of corned Beef or Pastrami Served Between Large Potato Pancakes
- Homemade Chicken Nuggets & French Fries**..... **12.99**
- Junior Sandwich & Cup of Soup** ..... **14.99**

# Dinner Entrees

**SERVED WITH SOUP OR SALAD & ONE SIDE DISH**



- Half Roast Chicken**..... **19.99**
- Beef Liver & Onions** ..... **22.99**
- Fried Chicken in the Basket** ..... **19.99**  
 On the Bone
- Two Boneless Chicken Cutlets  
 Grilled or Fried**..... **19.99**  
 All White Meat Empire Chicken Breasts
- Grilled Chicken A Top  
 Mixed Grilled Vegetables** ..... **19.99**
- Chopped Steak**..... **20.99**  
 Smothered in Mushrooms & Onions
- Brisket of Beef over Potato Pancakes**..... **23.99**  
 Pancakes are the Side
- Roast Beef Platter** ..... **23.99**
- Turkey Breast Platter**..... **23.99**
- Brisket Platter**..... **23.99**
- Two Large Stuffed Cabbage**..... **24.99**  
 (Specify Chicken or Beef)
- Chicken Marsala**..... **24.99**
- Chicken Francese**..... **24.99**

# Side Dishes

- Sm. French Fries** ..... **6.50**
- Lg. French Fries** ..... **8.50**
- Potato Pancakes (1 Pc.)** ..... **4.99**
- Homemade Baked Knish**..... **5.99**  
 Potato, Kasha, Sweet Potato or Spinach
- Brisket Knish** ..... **6.99**
- Square Potato Knish**..... **4.99**
- Mashed Potatoes**..... **4.99**
- Baked Potato**..... **4.99**
- Sm. Sweet Potato Fries** ..... **6.50**
- Lg. Sweet Potato Fries**..... **8.50**
- Homemade Onion Rings**..... **8.99**
- Noodle Kugel** ..... **5.99**
- Egg Barley & Mushrooms**..... **6.99**
- Kasha Varnishkas** ..... **6.99**



- Baked Beans**..... **4.99**
- Stuffed Derma (1Pc.)**..... **4.99**
- Coleslaw or Potato Salad**..... **4.50**
- Macaroni, Health or Pasta**..... **4.50**
- String Beans Almondine** ..... **5.99**
- Grilled Vegetables** ..... **5.99**
- Chickpea Salad** ..... **4.99**
- Artichoke Salad** ..... **4.99**

# Knockwurst & Franks

**PLEASE SPECIFY BOILED OR GRILLED  
 SERVED W/CHOICE OF KNISH OR FRENCH FRIES**

- One Knockwurst**..... **11.99**
- Two Knockwurst**..... **15.99**
- One Frankfurter** ..... **10.99**
- Two Frankfurter** ..... **14.99**

